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**Save the Date:
HPGS 15th Biennial Conference**

September 15-16, 2008

Hawaii Convention Center

Leaving a Legacy: Recreating our Work and Life

Featuring nationally renowned speakers in the field of aging:

- **Nancy A. Whitelaw**, Director of the Center for Healthy Aging, the National Council on the Aging and Senior Vice President of NCOA, Research and Demonstrations;
- **Sandy Markwood**, CEO of the National Association of Area Agencies on Aging; and
- Hawaii keynote speaker, **Ramsey Taum**, University of Hawaii at Manoa Special Assistant to the Dean on Host Culture and Community Affairs, School of Travel Industry Management.

The HPGS 2008 biennial conference will be held in conjunction with the Asia Pacific Conference on Volunteer Administration.

For more information, please visit the HPGS Conference webpage at: <http://www.hpgs.org/conference.htm>

**Seeking nominations for
"Na Lima Kokua" Awards**

(Please see the insert included in this newsletter.)

HPGS is currently seeking nominations for this year's "Na Lima Kokua" Awards. These awards will be given to individuals residing in Hawaii, or businesses operating in Hawaii, for two years or more who have strived to make a unique contribution to the elderly.

Please submit completed nomination forms by **April 1, 2008**. For more information, please email **Shannon Miyazaki** at shanmiya@hotmail.com

HPGS NEWS

Message from the President



We are only into the first quarter of the new year, and have found ourselves in the midst of several major activities that promise to invigorate our organization and enhance membership services. Many of these were initiated under past-president Audrey Suga-Nakagawa, and

I hope to bring them to full accomplishment in the coming months.

The new 2008 Board of Directors participated in a retreat at the end of February, focusing on the completion of our Strategic Five-Year Plan. HPGS has been fortunate in getting assistance from two local resources: the Hawaii Community Foundation in funding a preliminary marketing plan, with the possibility of additional funding for a full-scale marketing proposal; and the University of Hawaii Shidler College of Business, where a team of MBA candidates will develop an operational business plan proposal for long term organizational sustainability. This dual effort will contribute toward the viable implementation of our Strategic Plan this year for growth and services.

As we look toward increasing our community presence and contributing to the ever-increasing body of knowledge needed to meet demands for the senior population, HPGS is also reviewing how it can assist members and expand the range of services we might offer as a benefit of your membership. We have approached you in a survey recently, and will continue to make additional contacts in the next few months, to ensure that we are addressing your expectations and needs – all we ask is that you participate, so that you can be heard. We will be reviewing our website operations and looking toward the development of a more

interactive and expanded platform this summer, with access areas especially for member users. Expansion efforts have been the keynote of our biennial conference “Leaving a Legacy: Recreating Our Work and Life” this September 15-16, 2008, as we offer collaborative presentations with the Volunteer Resource Center of Hawaii, and their Asia Pacific Conference on Volunteer Administration from September 16 to 18, 2008. This will provide a unique opportunity with an international audience and insightful topics addressing areas that enrich the lives of our senior population. Save these dates!

I look forward to working with the Board and HPGS members for a great 2008.

Aloha,
Tony Wong

2008 HPGS Board of Directors

President: **Tony Wong**
 President Elect: **Pat Sasaki**
 Past President: **Audrey Suga-Nakagawa**
 Secretary: **Eleni Davis**
 Treasurer: **Jay Duquette**
 Members-at-Large: **Joan Bedish, Percy Ihara, Kelika Ishol, Mary Jossem, Dawn Meaney, Rebecca Ryan, and Kyle Yanabu**

Volunteers Sought for HPGS Committee Positions

HPGS is moving toward a stronger organizational structure and looking for members to participate in one or more of its committees. Our recent survey indicated that members were looking to be more involved and wanted to be asked. The committees are: Nominations, Membership, Program and Continuing Education, Publicity, Newsletter, Biennial Conference, and Constitution and By-Laws. Additional ad hoc committees include: Scholarship, Fundraising, and Editorial. Please contact us by sending your name, contact

information, and committee of choice to hpgs.hawaii@gmail.com. Be part of our revitalized HPGS organization!

HPGS Survey Findings

By: Danielle Lum

Professional. Relevant. Helpful.

These are the words that HPGS members use to describe their Society in the membership survey conducted in December 2007. The survey provided many insights about the membership that the Executive Board will use to build a stronger and more responsive Society. The survey was designed for three specific purposes: 1) obtain information about members' impressions about the Society; 2) gather information about members' knowledge of and participation in Society activities; and 3) pull together demographic information.

Some of the results include:

- Members want information, resources, conferences, networking, and workshops to help advance their learning for their jobs;
- While a majority of members know about the monthly meetings, just a little more than half (61%) has attended one. Those not attending would like the meetings held at a different time and/or a more convenient location.
- Nearly all (95%) members know about the biennial conference and three-fourths attended the most recent conference. Of those attending, 91% were satisfied with the event.
- The membership is aging. More than three-fourths (78%) are over age 46.
- Members believe the Web site can be improved by: providing links to other sites of interest (63%); opportunity for networking (47%), and job opportunities (53%).
- More than half (61%) of members report using the Internet for professional use several times

per day, with younger members using it more often (89%) compared to older members (54%).

- Members are highly educated. More than half (59%) have a Master's Degree, one fourth (25%) have a Bachelor's degree; and 8% have a doctoral degree.

Lucky Winners of the HPGS Membership Survey

10 lucky individuals were randomly selected from a drawing for \$50 and \$100 gift cards from Longs Drugs. All members who completed the recent HPGS membership survey were eligible for the free drawing.

Congratulations to the following winners:

\$100 — Tracie Romualdo
 \$50 — Melissa Bojorquez
 Pam Cunningham
 T.J. Davis, Jr.
 Jennifer Groppenbacher
 Dawn Meaney
 Susan Michihara
 Pat Sasaki
 Jon Shires
 Pat Tompkins

HPGS Partners with UH for Business Plan

A team of MBA candidates from the University of Hawaii's Shidler College of Business has contracted with HPGS to produce a strategic business plan intended to address fund development and operational plans for our organization. Calling themselves the Inspired Consulting Group (ICG), they have been working with the board, our Marketing Consultant **Danielle Lum**, and members to deliver an analysis and recommendations as part of their practicum project. The final plan will be submitted in May 2008 for board review and action.

The team consists of **Joanna Amberger, Inga Fong, Ildiko Kern-Harmath, Meslissa Matsuda,** and **Sandra Riberio**. We are fortunate to have the services of the ICG, all of who come with solid work backgrounds in the business field.

Hideo and Mieko Yoshinaga Foundation Awards \$25,000 for Nursing Scholarship Endowment

Recognizing the acute shortage of nurses especially in the long-term care industry, the Hideo and Mieko Yoshinaga Foundation awarded HPGS with \$25,000 to establish a nursing scholarship program. This generous donation will be used as an endowment that will be managed by the Hawaii Community Foundation. Monica Haboush, Yoshinaga Trustee, explains: "Back in 1992 when the Foundation was started, Mieko Yoshinaga, one of the founders suggested that one of the Foundation's aims could be to advance nursing in Hawaii. Up to HPGS's proposal, the Foundation had not received a request to fund nursing in Hawaii. In Mom's memory and in gratitude for her foresight to advance an under-recognized but very important profession, the Foundation decided to fully fund HPGS's scholarship proposal." HPGS is working closely with Hawaii Community Foundation to help establish the scholarship criteria and guidelines. The scholarship will be used to assist nursing students who are pursuing future careers in elder care as registered nurses, licensed practical nurses and certified nursing aides.

\$5,000 Donation from Thomas and Elizabeth Brodhead Foundation

HPGS was the recipient of a \$5,000 gift from the Thomas and Elizabeth Brodhead Foundation. This gift will be used towards the HPGS scholarship program, which supports undergraduate and community college students pursuing studies and careers in aging. This scholarship program is

available to students from different health and social science studies. In 2007, two students received a \$500 scholarship each, and another student a \$600 scholarship to help defray their tuition fees, books and other educational expenses. Thanks to the Brodhead Foundation, HPGS will be able to award more scholarship awards to Hawaii's students and help build the State's workforce of elder care professionals.

HPGS Scholarship Announcement

The Hawaii Pacific Gerontological Society (HPGS) scholarship is funded by generous donations from the Elizabeth and Thomas Brodhead Foundation to support community college and undergraduate students who are interested to pursue careers in gerontology or geriatrics. The application process is simple—one short essay, a completed and signed application form, your college transcript, and one letter of recommendation. Applications must be received by **April 1, 2008**. Please go to the HPGS website at <http://www.hpgs.org/calendar.htm> to download the application form.

Upcoming HPGS Quarterly Meeting

Date/Time:
**Thursday, March 13, 2008
11:30 – 1:00 p.m.**

Place:
**Suntory Restaurant
3rd Floor Royal Hawaiian Shopping Center**

Program:
HPGS plans and news updates

Cost of meal:
\$15 (inclusive of tax and tip)



*Entrée choices: chicken or steak
Beverages: water or hot green tea
Ice Cream*

Cost of parking:

\$2

restaurant validation for 2-hour parking
(not included with the cost of the meal;
to be paid on the day of the event)

RSVP by Monday, March 10, 2008
with payment.

Mail in \$15 check payable to “HPGS” to:
HPGS
P.O. Box 3714
Honolulu, Hawaii 96812

For more information, please call **Kyle Yanabu** at
224-7502

HPGS Quarterly Meetings

Quarterly meetings are for the general membership. The location and date/time of the quarterly meetings will be announced later. The first quarterly meeting this year will be on **March 13, 2008**. The next three meetings are tentatively scheduled for the months of **June, September** (at the HPGS conference), and **December**.

NATIONAL NEWS

2008 National Family Caregiving Awards

The National Alliance for Caregiving and the MetLife Foundation have announced that applications for the 2008 National Family Caregiving Awards Program are being accepted until April 15, 2008. The awards program is intended to improve the quality of life of family caregivers by recognizing and supporting the important work of community agencies and other organizations that support family caregivers as a significant part of their mission. The Request for Applications and the on-line application are

available at

http://web.raffa.com/nac/caregiver_awards

LOCAL NEWS

“Aging and Long-Term Care Training Initiative” Update

The program at Kapi’olani Community College that was formerly known as the “Aging and Long-term Care Training Initiative” has completed its first full year of program development. The program now has an official name—Kupuna Education Center. For more information regarding the Kupuna Education Center, please call **Cullen Hayashida** or **Toni Hathaway** at **734-9108**.

Sigma Phi Omega – Gamma Omicron Chapter Activities

SPO will be participating in AGHE’s (Association for Gerontology in Higher Education) “Careers In Aging” week again this year. They are in the midst of planning a panel presentation that will encourage college students to pursue careers in gerontology and to be informed of gerontological issues and concerns. The panel will consist of experts in different fields (i.e. Medicine, Nursing, Social Work, Public Health, Policy, Law). The event is scheduled to take place at the University of Hawaii sometime in April 2008.

The next SPO meeting will be on Saturday, **March 8, 2008** at the Border’s Starbucks Café at Ward Center from **1:00 p.m. – 2:30 p.m.** If you are interested in helping plan this event or if you have any questions regarding SPO, please email SPO Co-Presidents, **Michelle Sagucio** and **Samantha Tsoi**, at spo.hawaii@gmail.com.

Gerontology students and community professionals interested in joining SPO should contact SPO Membership Chair, **Carolyn Ballou**, at

ballouhi@yahoo.com. The SPO membership application can be found online at: <http://altrue.he.net/~aghe/files/aghewebsite/SPO/Application%20Form.pdf>

Faces of Family Caregiving Campaign

In 2008, the Hawaii Family Caregiver Coalition will conduct a Faces of Family Caregiving Campaign to create more awareness of the needs of family caregivers, highlight community resources available to family caregivers, put a face to family caregiving, and work with them.

Each program listed below is vital to informing and educating family caregivers in Hawaii:

KHON TV2 Elderhood Project

Each Thursday morning News Anchor Kirk Matthews interviews people in the community about issues that affect the elderly and services available to them.

KGMB9 Genius of Aging Campaign

The Genius of Aging Campaign has partnered with business, non-profit, government, grass roots, and educational organizations to cover related stories, provide information and resources on air and on their website

The 2008 Family Caregiver Awareness Day and Resource Fair

It will be held on March 14, 2008 from 9:00 a.m. to 2:00 p.m. at the State Capitol. Not-for-profit organizations and community agencies who provide caregiver resources, as well as businesses that service caregivers and recipients and our sponsors will be encouraged to have an exhibit at the fair. The 2008 Aging Issues booklet will be published. More than 1,000 people are expected to attend this free event, which will focus on community, industry and the Legislature becoming more knowledgeable and proactive.

2008 Seniors Fair – September 2008

Hawaii's Senior Fair is the largest in the USA and

the ideal place to reach thousands of seniors, caregivers and family members. The Hawaii Family Caregiver Coalition will have an exhibit at all of the Senior Fairs statewide. Caregiver issues, educational materials and resources will be distributed. Participants will be able to speak with agency representatives about caregiving.

2008 Family Caregiver Recognition & Awards – November 2008.

For the second year, and in conjunction with National Family Caregiver Month, Statewide nominations will be accepted for organizations that develop and provide programs and/or services for caregiver Education, Support, or Advocacy. In addition, one family caregiver will be selected from each island to receive a family caregiver award. The honorees will be featured on KHON TV2, in press releases, and in agency newsletters.

Marketing & Publicity

The Coalition has partnered with KHON2 on their Elderhood Project and KGMB9 on their Genius of Aging Campaign and is able to promote/feature these activities on television. The 2008 Aging Issues booklet will be published in March to inform and educate the public. We will also ask our partners in the community to publicize our activities on their websites and in organizational newsletters.

The Hawaii Family Caregiver Coalition is also involved in outreach and education, including:

- November 2008 Statewide caregiver conferences – Caring for Family, Caring for Yourself
- Statewide workshops for Grandparents Raising Grandchildren

Research on Hawaii's Older Adults Who Are Not Receiving Services

This past legislative interim, the Joint Legislative Committee on Family Caregiving conducted a needs assessment of (1) family caregivers and (2) older adults. For a copy of the reports, please contact **Wes Lum** at wes.lum@doh.hawaii.gov

COMMUNITY EVENTS

2008 Family Caregiver Day and Resource Fair

The 2008 Family Caregiver Day and Resource Fair is scheduled on **Friday, March 14, 2008 from 9:00 a.m. – 2:00 p.m.** The day will consist of primarily two events: the resource fair and visits with Legislators. For more information, please contact *Wes Lum* at wes.lum@doh.hawaii.gov

The 18th Annual Conference of the Hawaii Association of Case Managers

*Making the Move:
Relocation Stress Syndrome in the
Elderly Population*

April 11, 2008
Koolau Event Center at the Koolau Golf Club
Kaneohe, Hawaii

Guest Presenter:

Tracy Greene Mintz, MA, MSW, ACSW, is a clinical Social Worker in Los Angeles where she practices with the elderly and their families. Her experience is in acute hospitalization, home care, long-term care, assisted living, adult day health and Alzheimer's placement. She also holds a bachelor's degree in communications and a master's degree in film and television as well as her master's in social work with a certificate in gerontology. She is a member of the medical staff at the Motion Picture and Television Fund hospital in Los Angeles, the California Geriatrics Society, and the National Association of Social Workers.

Panel Discussion with:

- **Coral Andrews**, VP Home Care/Hospice and LTC, Healthcare Assoc. of Hawaii;
- **Suzanne Chun-Oakland**, Senator, 13th Senatorial District, Co-Chair Kupuna Caucus;
- **Cheryl Gray**, RN, DON, Hawaii Kai Asst.

Living & Retirement Community;

- **Clare Igarashi-Mayehara**, RN, BSN, Trainer, OHCA, Dept. of Health; and
- **Mernie Miyasato-Crawford**, LCSW, Supervisor, Dept. of Social Work Tripler Army Medical Center

"The stress associated with relocation is so extreme that experts equate it with the stress of divorce or of a death in the family. Relocation Stress Syndrome (RSS) was recognized as an official diagnosis in 1992. What we sometimes call "transfer trauma" has particular relevance for the elderly population. As many as one million seniors currently live in facilities and senior relocation is fast becoming a specialty area of focus for professionals serving the older members of their communities. Persons transferred between long-term care institutions have a mortality risk two to four times greater than those who are not transferred. Following relocation, a senior can expect an estimated 31% decrease in his or her social network and up to a 30% chance of a hospitalization within 30 days of moving.

This program will help professionals who work in senior living learn to identify and minimize the risks associated with relocation, to address problems from a clinical standpoint and create interventions and care plans that facilitate positive outcomes. This is an energetic and passionate presentation that will appeal to anyone who works with senior relocation, hospitalization or placement. Sample scenarios, engaging exercises and creative solutions ensure that participants will leave with expanded knowledge of Relocation Stress Syndrome in the elderly and what we can do to prevent it."

Pre-registration is required. For more information, please call Hawaii Association of Case Managers (HACM) at **988-6576**.

More information may be found on EldercareHawaii.com's events calendar at www.eldercarehawaii.com/eventcalendar.php

HPGS Membership

The membership year for dues runs from October 1st through September 30th of the following year. It does not follow the regular calendar year.

Membership categories are as follows:

- Regular (\$20)
- Student (\$10)
- Organization (\$50)
- Senior (aged 60+) (\$10)
- Lifetime (\$300)

The expiration date for your membership dues has been printed alongside your name on the mailing label. If the expiration date is missing, we may not have received your check and/or your application is still being processed.

For questions regarding membership, please e-mail [***hpgs.hawaii@gmail.com***](mailto:hpgs.hawaii@gmail.com)

The HPGS Membership Application may be downloaded from the HPGS website at [***http://www.hpgs.org/pdf/HPGSMembershipForm.pdf***](http://www.hpgs.org/pdf/HPGSMembershipForm.pdf)

Call for HPGS Newsletter Articles

Please email announcements, short articles (3-5 paragraphs long), jokes, cartoons, or pictures (including captions) that may be of interest to individuals in the gerontology community that you want to include in the May 2008 issue to [***hpgs.hawaii@gmail.com***](mailto:hpgs.hawaii@gmail.com) by May 16, 2008.

Depending on relevancy, urgency, and available space, not all articles submitted may be included. Content may also be edited.



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